

CONTRACT CATERING SERVICES LUNCH MENU Apr 2024 - Oct 2024



				FREE FROM						
	Week 1	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Main Allergens Wednesday 'Traditional Day'	Thursday Turkish	Friday 'Favourites'				
	Dates	s 15 April • 29 April • 13 May • 27 May • 10 June • 24 June • 08 July • 22 July • 05 Aug • 19 Aug • 02 Sept • 16 Sept • 30 Sept • 14 Oct • 28 Oct								
	Option 1	Vegemince Penne Pasta Bolognese	Beef Keema Curry with Rice	Roast Chicken with Roast Potatoes & Gravy	Beef Kofte in Sweet Pepper & Tomato Sauce with Rice & Tzatziki	Cod Fish Fingers with Chips				
	Option 2	Chickpea & Vegetable Jambalaya	Red Pepper & Sweetcorn Pizza with Potato Wedges	Vegetarian Tikka Masala with Rice	Turkish Vegetable Ratatouille (Turlu Turlu) with Rice	Battered Vegetable Sausage with Chips				
	On the side	Sweetcorn & Broccoli	Roasted Mediterranean Vegetables	Green Beans & Roasted Cauliflower	Shredded Green Cabbage & Carrots	Peas & Baked Beans				
	Salads	Tomato, Basil & Red Onion Salad	Crunchy Red Coleslaw	Chef's House Salad	Turkish Shepherd's Salad	New Potato & Chive Salad				
	Dessert	Fruity Yoghurt Bar	Cheddar Cheese with Breadstick	Fresh Fruit Salad	Minted Lime & Strawberry Yoghurt	Apple & Berries Yoghurt Crunch				
	DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Yoghurt									
				FREE FROM						



Southern Fried Chicken

	Option 1	Macaroni Cheese	Southern Fried Chicken Burger with Cajun Potato Wedges	Minced Beef Cottage Pie	Puerto Rican Chicken and Rice	Battered Pollock Fillet with Chips					
	Option 2	Bombay Vegetable Biryani	Veggie Strips Stir Fried with Egg Noodles	Vegetable & Beans Chilli with Rice	Three Beans Casserole with Rice/ Potato Wedges	Cheese & Broccoli Quiche with Chips					
	On the side	Peas & Sweetcorn	Green Vegetable Medley	Carrots & Green Beans	Latina Broccoli & Baby Corn on the Cobs	Peas & Baked Beans					
	Salads	Couscous Salad	Crunchy Coleslaw	Chef's House Salad	Cauliflower Ceviche served with homemade tortilla	Asian Noodle Salad					
S	Dessert	Fruity Yoghurt Bar	Cheddar Cheese with Breadstick	Fresh Fruit Salad	Tropical Fruity Yoghurt	Apple & Banana Yoghurt with Rice Krispies					
DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Yoghurt											
Please Note that some dishes maybe subject to local changes to suit individual school needs											
	CHICKEN RICE AND VEGETABLE	ES ES ES ES ES	IMPORTANT INFO very effort is made to minin ntamination. However, it sho ur food is prepared in a kitch lergens may be present and cross-contamination remain	nise risk of cross- ould be noted that then where known I therefore the risk							
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